

Child Safety Week 2023

Monday 5th to Sunday 11th June

Child Safety Week is an annual community education campaign run by the Child Accident Prevention Trust (CAPT), acting as a catalyst for thousands of safety conversations and activities UK-wide.

We're all pushed for time but preventing accidents doesn't have to be hard. Simple changes can prevent the scariest accidents.

So, the theme for this year's Child Safety Week is Safety Made Simple. It's all about sharing the really practical, simple things we can all do to keep children safe.



Keep me....



Free from falls

*“A preventable accident ends up with a shattered family.
And that's just very tragic.”*

Paediatric Neurologist (a doctor who specialises in child brain injury)

Scrapes and bruises are a part of growing up. But even a fall from a highchair can cause a bad head injury. There are some serious ones you can easily stop once you know how and why. Check out the 'parents pack' at capt.org.uk

Watch out in water

*“This has highlighted the dangers posed when a child is left
unsupervised for a short period of time and even in the
shallowest of water.”*

Carer's report, bath seat drowning of 7-month-old



Drowning happens silently. A drowning child can't speak or control their arms. They slip quietly into the water. It is only in the movies they splash about and cry for help. Babies and small children mostly drown at home in the bath or garden in a few centimetres of water.

Breathe easy



“He would have been much too young and would have been much too weak to release himself.”

Coroner's report, blind cord strangulation

Such a scary thought that something could stop your child breathing. But the steps to stop that happening are simple and make sense. Awareness of Window blinds, nappy sacks, choking, sleep and slings/carriers.

Watch the Chokeables film for first aid advice
www.sja.org.uk/thechokeables

Safe from burns

“Everyone in the burns unit was there because of an accident. In a split second their whole life changed.”

Mum of little boy burned by a hot drink

A small child's skin burns really easily as it's so thin. Here are just some of the many hazards in the home: Hot drinks, cooking, hair straighteners, button batteries, bath water, magnetic toys, fires and heaters



Safe around roads



“One act of bad driving robbed the world of a beautiful, intelligent and caring young person. Our lives have been turned upside down by our daughter's death.”

Bereaved Dad whose daughter was killed in a car accident

It is hard knowing how best to teach your child to stay safe. But CAPT have some simple tips for pedestrians – young and older children, car safety, driving speeds, cycling and distractions on their website ! For great safety advice go to Capt.org.uk